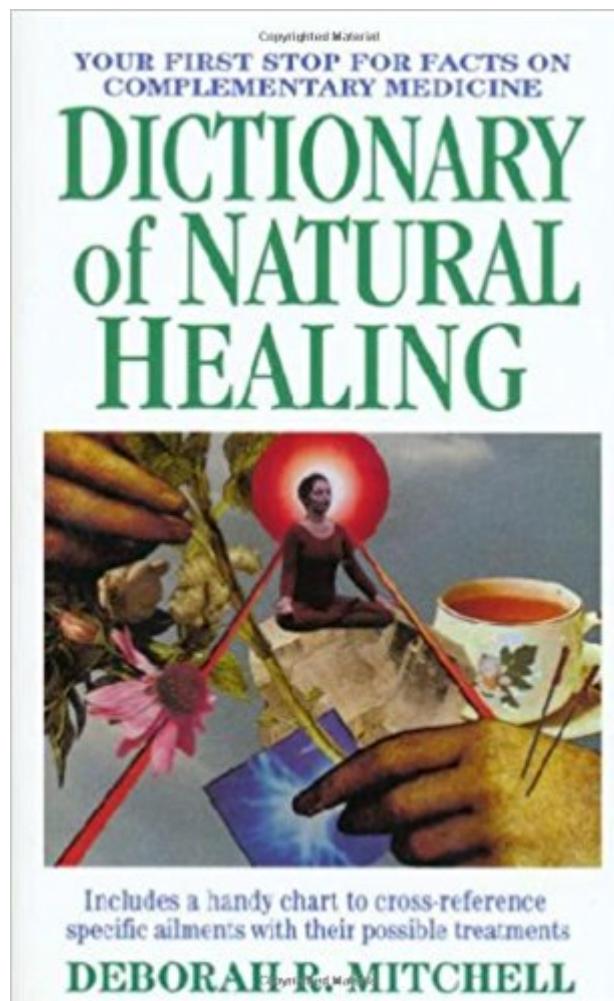


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# Dictionary Of Natural Healing



## Synopsis

A sourcebook of concise entries that explain the most commonly used techniques and remedies available in the field of complementary medicine, this volume features 250-plus entries covering everything from Acupressure to Zinc.

## Book Information

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FIND OUT ABOUT THE NEWEST NATURAL REMEDIES AND WHAT THEY CAN DO FOR YOU!

With the hundreds of complementary treatments available today, this new, up-to-the-minute A-Z reference lets you quickly and easily investigate all the natural approaches for your health needs.

Whether you've wondered about the mind-body healing methods of SHEN (Specific Human Energy Nexus) and Reiki, or been intrigued by alternative approaches to illness, such as using glucosamine sulfate or cayenne in arthritis therapy, THE DICTIONARY OF NATURAL HEALING gives you all the information you need to know in a concise, comprehensive format. Filled with fascinating facts and covering over 250 subjects, THE DICTIONARY OF NATURAL HEALING is an essential volume for anyone interested in alternative therapies and a holistic approach to health. Each entry includes: \* Definitions \* Pronunciation and other spellings \* Conditions for which the therapy or product is used \* How it is performed, used, or applied \* Cross references Plus, two appendices provide facts on... finding a qualified practitioner in dozens of specialties, product information, further reading and reference materials.

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